

TAP Appliance Care Instructions

Good oral hygiene at night before using the TAP appliance is the first step in proper appliance care. Thoroughly brush and floss your teeth and gums. Brush your tongue and rinse your mouth.

TAP Appliances with clear retentive liners should be cleaned each morning with a thorough brushing using a dollop of liquid antiseptic soap.

Rinse away the soap, shake of excess water and place the appliances in the denture cup with the top open to encourage air drying during the day. **Oral Safe** is the name of the cleansing solution recommended by the polymer manufacturer. Contact Great Lakes Orthodontic Laboratory – 800-828-7626 for purchase and use information. Place the open cup in a dark drawer away from any possibility of contact by pets. Dogs particularly enjoy oral appliances as chew toys. Avoid storage where excessive heat may cause irreversible damage to the appliance.

Contact your dentist if:

- the adjustment knob seems loose.
- the hook appears bent or damaged.
- the hook disengages from the lower appliance during sleep.
- you are unable to keep the appliance clean.

