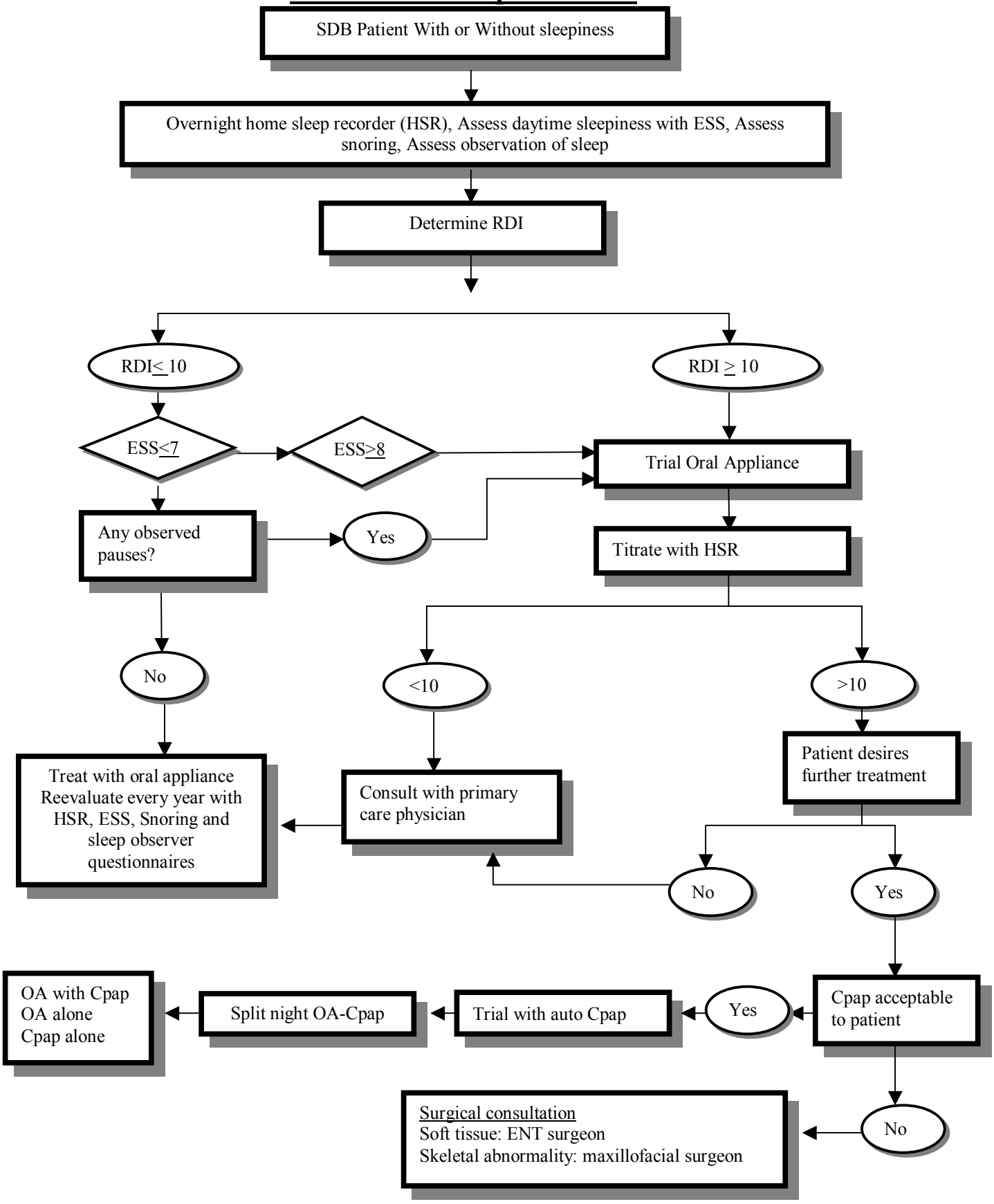Assessment and Treatment Algorithm for SDB With Home Sleep Recorder